



Private rooms for nursing mothers now available on main level of airport terminal

INDIANAPOLIS—Mothers who need to breastfeed their children or express milk while traveling or working can now utilize one of two private rooms on the main level of the terminal at Indianapolis International Airport (IND) which are designated for that purpose.

Since it opened in 2008, the terminal has provided accessible, well-maintained, and private family restrooms for mothers and fathers to care for their children.

In further support of family health and well-being, the Indianapolis Airport Authority (IAA), however, has designated private rooms for nursing mothers in both pre-security and post-security areas of the terminal.

The unlocked rooms are available round-the-clock. Each room is appointed with a comfortable chair, table, and electrical and outlets for mothers who use electric pumps. The rooms can be locked and unlocked from the inside to ensure privacy.

- **Room 10T.307A (Pre-security)**—Located just past the American Airline ticket counters, this room is available for ticketed passengers, non-ticketed passengers, and employees who work inside the terminal.
- **Room 04A.304 (Post-security)**—Just past the Starbucks near the International Arrivals area on Concourse A, this room is accessible only by ticketed passengers and employees who work inside the terminal. It can be accessed from either concourse.

In establishing the rooms, airport staff consulted experts at the Indiana Perinatal Network, which has also offered grant assistance for enhancing room décor and amenities in the future. Indianapolis Healthy Start and the Breastfeeding Coalition of Marion County also served as sources of information for the airport authority.

Travelers are advised to be aware of [TSA policies](#) regarding breast milk. Nursing mothers are permitted to bring breast milk in quantities greater than three ounces as long as it is declared for inspection at the security checkpoint. Mothers flying without their infants can bring breast milk through the checkpoint provided it is declared prior to screening.

For more information about traveling with breast milk, visit www.TSA.gov. For more information and assistance with accessing these rooms at IND, contact Guest Services at 317.487.7243.

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